

LONDON metro

\$11,000,000
estimated



**Wednesday's
Jackpot**



ALL GROWN UP

FROM BOY-BAND HEARTTHROB TO SUIT & TIE, JUSTIN TIMBERLAKE IS STILL ON TOP AFTER 20 YEARS. TO MARK HIS NEW ALBUM, METRO TAKES A FOND LOOK AT TWO DECADES OF JT **PAGE 11**

Target ready to deliver the goods

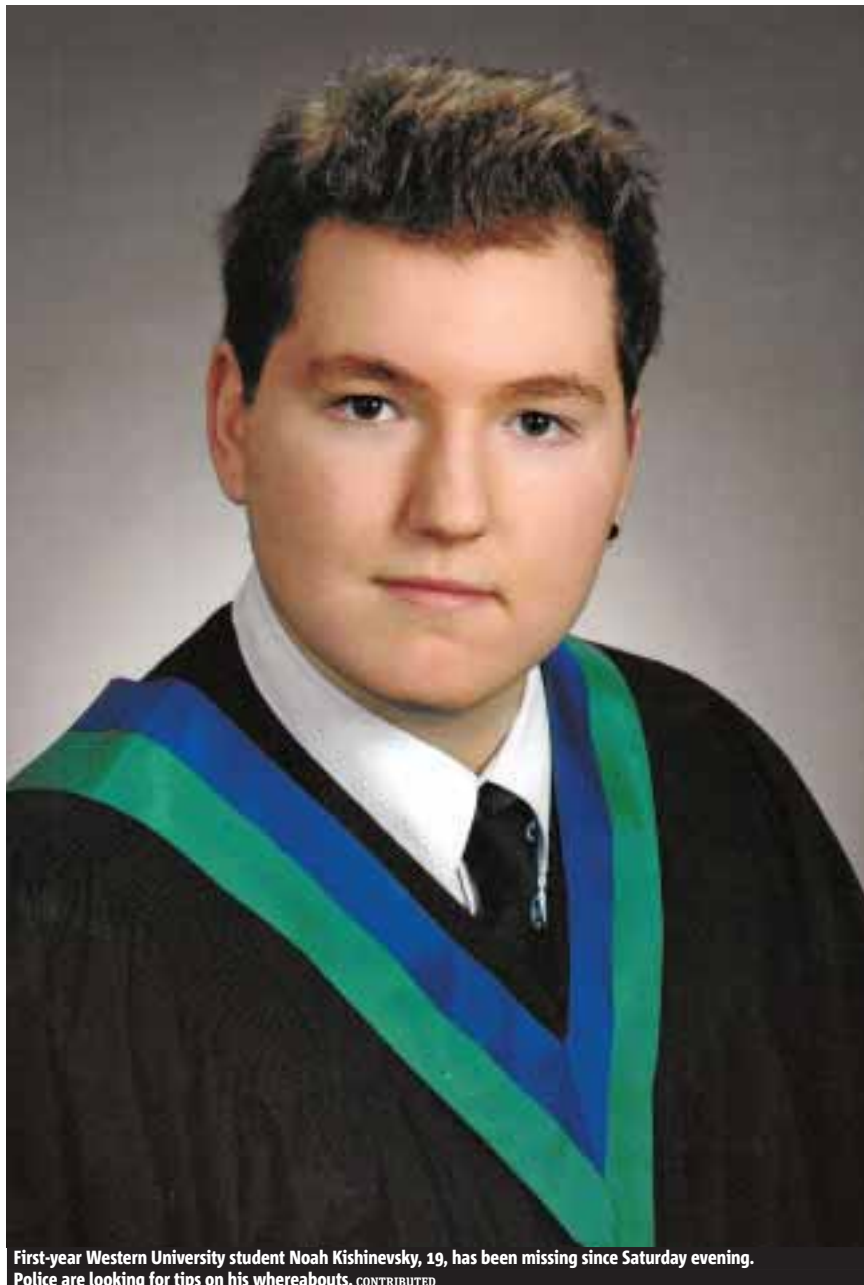
The U.S. discount retailer is opening two stores in London on Tuesday **PAGE 3**

Spring back into spring

Wednesday marks the official end of winter. Follow Metro's seven tips to greet the new season with a fresh outlook **PAGE 13**

Will the Cup come home this year?

Five of Canada's seven NHL teams are in a position to make the playoffs **PAGE 17**



First-year Western University student Noah Kishinevsky, 19, has been missing since Saturday evening. Police are looking for tips on his whereabouts. CONTRIBUTED

Police looking for missing Western student

Foul play not suspected. Saturday disappearance a mystery, officials say



JOHN MATISZ
john.matisz@metronews.ca

Campus and city police are searching for a missing Western University student.

Noah Kishinevsky, 19, a first-year student, was supposed to meet friends downtown on Saturday but didn't show up, police say. Kishinevsky's friends reported the disappearance to campus police at about 5:30 p.m. on Sunday.

Western officers have since partnered with London police in the investigation.

"We're not looking for anybody else," London police Const. Ken Steeves said on Monday afternoon.

"They haven't seen him since Saturday, and it's just out of his character."

Foul play isn't suspected, but information provided by Kishinevsky's friends has given police reason to be "concerned for his welfare,"

Have you seen Noah?

- Noah Kishinevsky, 19, is described as white, six-foot-one and about 200 pounds.
- He has a piercing in his right eyebrow.
- Anyone with information is asked to contact Western University campus police at 519-661-3300 or London police at 519-661-5670.



Steeves said.

Kishinevsky was last seen at Saugeen-Maitland Hall residence (289 Windermere Rd.). Saugeen, a towering 36-floor building that is home to 1,250 students, is on the northwest side of the campus.

Kishinevsky was last seen wearing a black Western hooded sweatshirt with grey sleeves, blue jeans, a black beanie cap and a purple and black flat-back baseball cap bearing the logo "KR3W."

Police have also released information about Kishinevsky's vehicle: A black four-door 2011 Volkswagen Jetta with licence plate BKN 945.

Keith Marnoch, Western's director of community relations, said Kishinevsky is

from out of town and has a relatively small social circle.

Student leaders are trying to help any way they can, student council president Adam Fearnall said.

"We haven't taken much of an active role ourselves, but we do have grave concern for one of our students," Fearnall said.

"We're there to provide whatever support people need. We'll direct them to our own support services or to the university's."

Online

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Target makes London debut

It's finally here.

Retailer ready to deliver goods to Forest City

MARK SPOWART
london@metronews.ca

Target will officially arrive in London on Tuesday, swinging open the doors to stores in the Masonville and Westmount shopping malls.

The stores are some of 17 opening across the province. Stores opened March 5 in Guelph, Fergus and Milton.

Shoppers eager to hit up the retailer without hopping across the border can expect a few Canadian touches, officials said.

Local stores will offer people what "they would find in the United States, as well as offering exclusive Canadian brands," said public relations manager Sebastian Bouchard.

The U.S.-based company, which dubs itself an "upscale discounter," has contracted with Roots Canada for a line of clothing to be sold exclusively in Canadian stores.

Target will also be working with a Toronto "fashion incubator" in April to select an

The plan

- **Lots to come.** Target plans to have 200 stores in Canada by 2017.
- **With a twist.** The company promises the same shopping experience as in its U.S. markets with a little "twist."
- **For openers.** The company plans to open 124 stores in Canada by Dec. 31, the most it's ever taken on in a year.

Ontario-based designer charged with developing another line of clothing.

The London stores are a little smaller than the company's average, officials said. The Westmount location is 114,000 square feet, while Masonville is 97,000 square feet. Each has about 200 employees.

Target expects to hire upward of 27,000 people across Canada by year's end.

The company is expecting to see sales in U.S. border cities decrease when Canadian versions open nearby, Bouchard said.



Target's new location at Westmount mall is pictured Monday, the day before doors open to the public. The city's other Target store, at Masonville mall, also opens Tuesday. JOHN MATISZ/METRO

1 NEWS



Londoners Sean Haddow, left, and Sherry Hong walk along Covent Market Place on Monday afternoon bundled up against biting wind and sleet. Cooler than normal temperatures are here to stay until the weekend, Environment Canada says. MARK SPOWART/FOR METRO

Winter is leaving, but slowly

Spring officially arrives at 11:02 a.m. Wednesday.

But, it's going to be a few more days before spring-like temperatures crop up in the Forest City.

Snow, sleet, rain and freezing rain are in the forecast this week as two large weather systems — one from the northwest and one from the south to southeast converge on the region.

Up to two centimetres of snow could fall Tuesday, with daytime and overnight temperatures hovering around -3 C.

Normal daytime temperature for this time of year should be about 5 C, Environment Canada meteorologist Geoff Coulson said.

Cooler than normal temperatures have been the trend for the month, he said.

"March temperatures have been well with the boundaries of what we would expect for Southwestern Ontario, but a lot of people might be comparing this March to the March we had a year ago when a number of records were shattered," Coulson said.

London saw a high of 27 C on March 22, 2012, for example, erasing the previous

high of 26 C set in 1910.

By the weekend, daytime temperatures will inch closer to normal, hitting about 3 C to 4 C.

Looking ahead, Environment Canada expects "seasonal values for most of the spring" for London.

Normal temperatures in April are about 12 C during the day and 1 C overnight.

MARK SPOWART/FOR METRO

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21 kegs seized

St. Patrick's Day kept cops busy

There wasn't an alcohol-fuelled riot on Fleming Drive this St. Patrick's Day, but London police stayed plenty busy Sunday.

Officers handed out more than 200 tickets during patrols, including 27 for noise violations, nine

for parties violating the city's nuisance bylaw and 176 for violations under the Liquor Licence Act.

Fines ranged from \$65 to \$615. A total of 21 beer kegs were seized.

Middlesex County Ontario Provincial Police conducted several St. Paddy's-themed RIDE programs. Police checked more than 700 vehicles and did seven roadside-screening tests. **METRO**

11th annual

Lifestyle show for women to hit downtown Forest City this Saturday

The 11th Women's Lifestyle Show will be at the London Convention Centre from 9 a.m. to

5 p.m. Saturday and 10 a.m. to 4 p.m. Sunday.

The event is billed as all-ages and boasts more than 140 exhibitors showcasing unique and artisan products, a selection of guest speakers and offerings of information on trends in fitness, health, well-being and more.

Tickets are \$10 at the door and can be bought in advance. Visit womenslifestyle.ca for details. **METRO**

Minimum levels not met

Phys-ed shortage hurting kids, report says

A new report from an education advocacy group says there's a shortage of physical education teachers in Ontario elementary schools.

The report from People

for Education found only 45 per cent of the 1,000 schools surveyed had a specialist physical education and health teacher on staff. The majority of those schools say their phys-ed teachers work part-time.

The shortage is preventing most students from meeting the 20 minutes of mandatory daily physical activity required by the province, the report says. **THE CANADIAN PRESS**

Firefighter honoured for off-duty action

Life or death. 10K run turned into an emergency situation



JOHN MATISZ

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When Allison Vickard signed up for last year's Rock the Road race, she was committing to a 10-kilometre run in mid-August.

About two kilometres in, the test of endurance took a permanent backseat to saving a life.

"There was a gentleman, about 100 feet in front of us, that took a nose dive into the cement," said Vickard, a firefighter for eight years.

The 32-year-old from Corunna dashed to the stranger's side. Quickly realizing the man was having a seizure, Vickard started supporting his head, waiting for him to recover.

She then yelled for a bystander to call 911.

"When he stopped seizing, he had no signs of life," she said, recalling the incident's

A testament to firefighting

"Allison's quick response to aid a fellow Londoner in medical distress is a testament to how she exemplifies the qualities of our profession."

Brian George, deputy fire chief

most tense moment. "We checked his pulse, he wasn't breathing."

Eventually, the man was able to breathe on his own again.

Vickard was honoured for her actions Monday, receiving a Canadian Red Cross Rescuer award during a ceremony at the fire station where she works.

Perhaps the most challenging aspect of the chaotic rescue, Vickard says, was gracefully taking the lead. "There's so many people who do want to help, but you don't know their level of training. As long as you're confident and assertive, you can control the situation."



London firefighter Allison Vickard is pictured Monday with her Canadian Red Cross Rescuer Award in the city's Wonderland Road fire station. JOHN MATISZ/METRO

Budget. Federal ads to urge youth to learn a trade

Beginning in this week's federal budget, Canadians will be subjected to a high-powered publicity campaign urging young people to consider training in a skilled trade as opposed to the old refrain that everyone needs a university degree.

Facing a budget crunch and a slowing economy, Prime Minister Stephen Harper's

government is expected to elevate its goal of expanding skills training to top billing in an otherwise bad news budget.

This ambitious program to get Canadians to transform how they think about education and training is expected to be the centrepiece of the 2013 economic blueprint.

"It's time that we all collectively own up to helping

our young people become aware of the many advantages a career in the skilled trades professions can bring," Human Resource Minister Diane Finley said in a recent preview of Thursday's announcement.

But, beyond that, the budget is not expected to have much in the way of new directions or goodies for Canadians.

Last year, Finance Minister

Jim Flaherty moved to trim Ottawa's annual spending by \$5 billion a year in a budget that brought cutbacks in programs and services. There were also measures to eventually make Canadians work longer to receive Old Age Security and to cap increases in health care money going to the provinces after 2016.

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Committee OKs bridge inspection

Blackfriars Bridge.

Civic works votes 4-2 in favour of structural inspection of important city link

MARK SPOWART
london@metronews.ca

City councillors gave the preliminary go-ahead Monday for a structural inspection of the Blackfriars Bridge.

The civic works committee recommended 4-2 that about \$307,000 be spent on the study. Full council will weigh in March 26.

At 138 years old, the bridge still serves as an important link to the city's core, carrying 4,000 cars a day over the Thames River. The assessment is expected to help officials decide whether or not the bridge should stay open to cars and, if it does, what kind of work is needed.

"We are long overdue for this assessment, the long and short of it is that the city is incurring significant repair costs on an annual basis. This year we will see \$80,000 spent on the bridge," city engineer John Braam said. "The bridge has significant heritage value and

Other aging bridges

While London's Blackfriars Bridge is one of only a handful of its kind still standing today, it's far from setting any records.

- The oldest bridge in the world that's still in use is a slab-stone, single-arch bridge over the river Meles in Izmir, Turkey. According to Guinness World Records, the structure was built in about 850 BC.
- Remnants of Mycenaean bridges dating back to about 1600 BC can be found in Mycenae, Greece.

is still functioning as an arterial roadway, however we have seen the loading (capacity) be reduced from 10, to five, to three tonnes.

"We need to deal with it and we need the right information."

The structure is one of 19 remaining "bowstring truss bridges" in North America. It's the only one that carries two lanes of vehicle traffic.

An environmental assessment will be needed before changes to the bridge can be made, officials said Monday.

Inspired by Louie Facca

Athletes gear up for charity skate

The PEAC School for Elite Athletes is ready to hit the track for a 12-hour, fundraising skate. The May 10 event at the Western Fair Sports Centre will raise money to combat Duchenne muscular dystrophy. It was inspired by Louie Facca, a local boy with the disease. **METRO**

Now until May 5

Library opens doors on Sundays

The London Public Library is opening its main branch in Citi Plaza an extra day for the next several weeks.

The central branch will be open from 1 to 4 p.m. Sundays through May 5.

The library will be closed on Easter Sunday. **METRO**

FLUX 2013

Choreographers showcase work

Dasein Dance Theatre will present FLUX 2013, an evening of contemporary dance, at 8 p.m. Saturday at The Palace Theatre (710 Dundas St. E.)

Dasein Founder Lacey Smith started FLUX in 2007 to bring the work of Canadian choreographers to London. **METRO**

8th annual event

Western U symposium to focus on health

The eighth annual lifestyle and health symposium will take centre stage Saturday at Western University's Labatt Health Sciences Building (Room 40). Speakers will start at 9 a.m. and continue through 4:30 p.m. **METRO**

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Do you want nachos with that?

Qdoba Mexican Grill team member Ana Urias, 23, of London, offers up a burrito as the eatery opens Monday at 841 Wellington Rd. S. The storefront is Qdoba's first in Ontario. ANGELA MULLINS/METRO

Stranger's kindness fulfils St. Patrick's Day wish

Halifax to Dublin. Plea online brings Irishman to forgotten family grave



ANDREW FIFIELD
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While Canadians were packing pubs from coast to coast on St. Patrick's Day, a man in Dublin answered a request from a stranger across the sea.

It started when Andrew Bourke of Halifax brought an odd request to the social news site Reddit on the weekend.

"This is the grave of my great uncle, who was badly burned in a flying accident and died a few days later," he wrote.

He included a photo of the tombstone of Lieut. Thomas Leslie Bourke, who died more than 50 years before Andrew was born.

"Can someone drink a pint

there tomorrow ... or maybe just place a flower for me?"

Bourke found a photo of the tombstone while searching his great uncle's name last year.

"I was sad that the grave looked so uncared for," Bourke told Metro.

With little more to go on than a photo, it seemed unlikely anyone would actually make it to the grave. But after a few people vowed to hoist a brew in Lt. Bourke's memory — just not at Mount Jerome Cemetery — user elmoslats chimed in.

"It was a bitch to find. Bought some flowers," he wrote. Included was a new photo of the same grave, now decorated with a simple token.

"I found the houses that are in the background," elmostats explained. "I then stood at the point where I was looking at the houses at the same angle.... It took about 30 minutes."

"I honestly cried," Bourke later confirmed. "Just a little bit ... but wow. Just wow."



Finding the grave was no small task — founded in 1836, Mount Jerome Cemetery has seen more than 300,000 burials. REDDIT

British Columbia

No fair answer for aided suicide: Feds

A lawyer for the federal government told B.C.'s highest court that a lower-court judge erred by trying to find a "right answer" when it struck down the ban on assisted suicide. On Monday, the first day of an appeal, Donnaree Nygard said the issue has each side totally opposed. The charter seeks to strike a balance, she said, but Parliament has always held the needs of the vulnerable over those asking to die. **THE CANADIAN PRESS**

Alberta

Death brings fix for hand sanitizer

The 2010 death of a man in Alberta has changed the way hand sanitizer is provided in hospitals.

A doctor at Vulcan Hospital determined it was safe for a drunken Kurt Kraus to sober up in an RCMP cell. A nurse suspected the alcoholic had ingested hand sanitizer at the hospital, but no one knew he had also taken 10 anti-depressant pills.

Hospitals have removed all portable bottles and replaced them with wall-mounted dispensers in public areas. **THE CANADIAN PRESS**

Toronto

Cops warn of back-alley butt surgery

Toronto police have issued a warning about illegal buttock-enhancements being performed in homes and hotel rooms.

They said women are paying cash, typically thousands, to have a substance injected. Investigators said some have experienced serious medical complications. **THE CANADIAN PRESS**

Illegal immigration

Feds back border patrol reality show

The federal government is being criticized for approving a reality TV show on Canada's border security after camera crews filmed the arrest of several men in Vancouver last week.

But Public Safety Minister Vic Toews isn't backing down, saying that illegal immigrants cost taxpayers millions of dollars a year. **THE CANADIAN PRESS**

Keystone XL. Premier says U.S. pipeline refusal would be betrayal of partnership

A U.S. rejection of the Keystone XL pipeline proposal would have far-reaching implications for the Canada-U.S. relationship, Alberta Premier Alison Redford warns.

"I don't think this is as simple as yes or no on a project," she told The Canadian Press on Monday during a trip to Ottawa to promote her energy strategy. "I do think this could fundamentally change the relationship."

TransCanada Corp. needs approval from U.S. President Barack Obama in order to build its \$7-billion bitumen pipeline from Alberta to refineries on

the Gulf Coast.

A refusal would throw into question decades of Canada-U.S. economic co-operation and integration, Redford said.

"I think it would show that we're not as trusted as partners as we used to think that we were," the premier said.

She argued that the original free-trade agreement between Canada and the United States included formal commitments to maintain the energy relationship, with Canada promising to remain a supplier and the United States committing to remaining a customer. **THE CANADIAN PRESS**



Alberta Premier Alison Redford in Ottawa. FRED CHARTRAND/THE CANADIAN PRESS



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Strange frog species could jump again

De-extinction. Scientists plan to revive frog that was wiped out in 1983

As the only animal to give birth through its mouth, the gastric-brooding frog fascinated scientists — until it became extinct in 1983. But thanks to a cloning breakthrough, this unique beast could live again and become the first “de-extinct” species since a Pyrenean ibex survived for seven minutes in 2009.

New technology has allowed the Australian “Lazarus Project” to insert the frog’s genome — its complete DNA — into a similar species. The process, announced at the TEDx DeExtinction conference, is expected to produce the living animal within a few years, the project’s creators claim. “I’m sure we can get to that stage, and it will be exactly the same as the extinct frog,” Lazarus scientist Dr. Mi-



The gastric-brooding frog became extinct in 1983. PETER SCHOUTEN/METRO WORLD NEWS

chael Mahony told Metro.

The team will produce several of the species and claim the same technology could work for any organism — they are also working to revive the Thylacine, or Tasmanian Tiger.

In a Jurassic Park scenario, restoring animals could put humans at risk. “It’s totally unpredictable,” said Natural History Museum extinction specialist Roberto Miguez. “The reason Tasmanian Tigers became extinct is they were perceived as a threat to farmers.” But he added: “I would be

Doomed again

In many cases there is no place for (extinct species) as their habitats have disappeared. They would be doomed again.”

National Geographic science writer Brian Switek, giving his view on the controversial de-extinction plans.

at the front of the queue to see one.”

KIERON MONKS/METRO WORLD NEWS

Satan looks a helluva lot like ... Obama? Nonsense, TV show producers retort

The producers of the cable TV miniseries on the Bible say Internet chatter that their Satan character resembles U.S. President Barack Obama is “utter nonsense.”

Mark Burnett and Roma Downey said Monday the Moroccan actor who played Satan in the History channel series, Mehdi Ouazanni, has played Satanic characters in other Biblical programs long before Obama was elected president.

The connection got widespread attention after talk show host Glenn Beck last week tweeted: “Does Satan look EXACTLY like Obama? Yes!”

History said in a statement that the network has “the highest respect” for Obama, and that “it’s unfortunate that anyone made this false connection.”

“Both Mark and I have nothing but respect and love our president, who is a fellow Christian,” said Roma Downey, the Touched By an Angel actress who is married to Burnett.

THE ASSOCIATED PRESS



Is there a resemblance between Obama and this Satan character? THE ASSOCIATES PRESS

Alabama

Man pleads guilty in Obama Twitter death threat

A Birmingham man pleaded guilty Monday to using Twitter to threaten the life of U.S. President Barack Obama.

Prosecutors said Jarvis Britton, 25, tweeted, “Let’s kill the president. F.E.A.R.,” on Sept. 14. It stands for Forever Enduring Always Ready, which prosecutors say is a national militia group that planned to overthrow the U.S. government. THE ASSOCIATED PRESS

Twitter co-founder

Another rich guy wants to be mayor

There may be another billionaire interested in New York City’s top job. Jack Dorsey, co-founder of Twitter and the mobile payments startup Square, reportedly said in a 60 Minutes interview he wants to be mayor of New York one day.

THE ASSOCIATED PRESS

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Quebec. Chopper pilot carried out prison break at gunpoint, his boss says

A young helicopter pilot, 23-year-old Sebastien Foray, picked up a pair of passengers for what was supposed to be a routine weekend flight over the north shore of Montreal.

Instead, he wound up in an international news story.

Plans for a routine Sunday excursion dissipated quickly, as he allegedly found himself staring down the barrel of a .38-calibre handgun.

"They took out a gun and said, 'You're going to St-Jerome prison,'" said Yves Le Roux, the owner of Passport Helico, where Foray has worked for a couple of years.

He said the pilot was ordered to land on a tower above the prison. Once there, his passengers pulled some rope out of a backpack and let it tumble out toward the ground level below.

And up came two convicts, springing out from the prison yard.

Le Roux said they flew another two or three minutes, with the escaped prisoners

Nabbed

Hours later, the two alleged accomplices and the two escaped convicts were found and arrested.

- They appeared in court Monday, where they were slapped with nearly two-dozen charges including breaking out of prison, kidnapping, and pointing a gun at someone.
- Police raised the possibility of other charges.

dangling from the helicopter, and they landed in an open field where they were able to hop aboard.

From there, they flew toward a hotel in the Laurentians where the four passengers exited — but not before someone pulled a T-shirt over the pilot's head, Le Roux said, so he wouldn't witness the getaway.

THE CANADIAN PRESS



Ex-star QB killed in crash

Firefighters work at a home Monday in South Bend, Ind., where a plane crashed Sunday. The plane damaged homes, as well as caused injuries, including at least two fatalities. Steve Davis, the University of Oklahoma Sooners' starting quarterback when it won back-to-back national championships in the 1970s, was one of two people killed.

JOE RAYMOND/THE ASSOCIATED PRESS

Central India. Six men accused of raping Swiss tourist appear in court

Six men accused of raping a Swiss tourist who was cycling with her husband in central India were produced in court Monday and charged with gang rape.

The suspects appeared in the magistrate's court in Madhya Pradesh state with their faces covered with black cloth, police superintendent Chandra Shekhar Solanki said.

It was not clear how they pleaded in court, but during their arrest Sunday they confessed to the crime, police said. The men, who are poor farm-

ers from nearby villages, also face additional charges of robbing the Swiss couple.

The attack, which occurred Friday night as the couple camped in a forest in Datia district, came three months after the fatal gang rape of a woman on a New Delhi bus which spurred outrage over the treatment of women in Indian society and the country's justice system.

The men beat up the husband and tied him to a tree before raping the woman, police said. THE ASSOCIATED PRESS

Guantanamo Bay

More than 20 men on hunger strike

A hunger strike at the Guantanamo Bay prison has grown and now involves at least 21 men, a U.S. military official said Monday while denying reports trickling out from prisoners through lawyers

that there is a more widespread protest and lives are in danger.

No prisoner faces any immediate health threat from the strike, though two have been admitted to the prison medical clinic because of dehydration, said Navy Capt. Robert Durand, a spokesman for the detention centre in Cuba. THE ASSOCIATED PRESS

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Protesters hold up their hands as they protest outside the parliament in Nicosia, Cyprus, Monday. A vote on a bailout package for Cyprus that includes an immediate tax on all savings accounts has been postponed until Tuesday evening. PETROS KARADJIAS/THE ASSOCIATED PRESS

Cyprus tax plan shocks Europe

Savings. Government set to raid bank accounts to raise bailout money

Fear rising

"The damage is done ... Europeans now know that their savings could be used to bail out banks."

Louise Cooper, head of financial research firm CooperCity

A plan to seize up to 10 per cent of people's savings in the small Mediterranean island nation of Cyprus sent shock waves across Europe on Monday as households realized the money they have in the bank may not be safe.

A weekend agreement between Cyprus and its European partners called for the government to raid bank accounts as part of a 15.8 billion euro

(\$20.9 billion) financial bailout, the first time in the eurozone's crisis that the prospect of seizing individuals' savings has been raised.

Facing outrage, Cyprus' government delayed a parliamentary vote on the seizure and ordered banks to remain shut until Thursday while it tries to modify the deal to reduce the hit on people with small de-

posits.

Several hundred people gathered outside the vacant parliament building, with some chanting "thieves, thieves."

"We're very angry, betrayed, hurt and extremely disappointed," said protester Andriana Constantinou.

In order to get 10 billion euro (\$13.2 billion) in bailout loans from international credit-

ors, Cyprus agreed to take a percentage of all deposits — including citizens' savings. The surprise deal stoked fears that deposits in other countries could be targeted.

The government is now trying to modify the terms of the plan and in particular to get a better deal for small savers.

The stakes are high for the country of a million people, because a rejection of the package could see the country go bankrupt and possibly out of the common euro currency. Officials also fear a run on Cypriot banks no matter which way the voting goes.

THE ASSOCIATED PRESS

NYC. Mayor's proposal would require stores to keep tobacco out of sight

A new proposal would require New York City retailers to keep tobacco products out of sight under a first-in-the-nation proposal aimed at reducing the youth smoking rate, Mayor Michael Bloomberg said Monday.

The legislation would require stores to keep tobacco products in cabinets, drawers, under the counter, behind a curtain or in other concealed spots. They could only be visible when an adult is making a purchase or during restocking.

Bloomberg said similar prohibitions on displays have been enacted in other countries, including Iceland, Canada, England and Ireland.

"Such displays suggest that smoking is a normal activity," Bloomberg said. "And they invite young people to experiment with tobacco."

Stores devoted primarily to the sale of tobacco products would be exempt from the display ban.

The mayor's office said retail stores could still advertise tobacco products under the



Legislation proposed in New York City is aiming to reduce youth smoking. DANIEL BARRY/GETTY IMAGES

new rules.

The legislation, to be introduced in the city council on Wednesday, is comprised of two separate bills.

The second, called the Sensible Tobacco Enforcement bill, strengthens enforcement of discounted and smuggled cigarettes. It would prohibit the sale of discounted tobacco products, impose packaging requirements on cheap cigars and create a price floor for cigarette packs and small cigars.

THE ASSOCIATED PRESS

Gobble-gobble

Burger King to offer turkey burger

If you think a Whopper's too indulgent but are sick of chicken sandwiches, Burger King is offering a turkey burger for the first time. The Miami-based company is rolling out the new sandwich this week as part of its limited-time offers for spring, marking the latest fast-food effort to cater to health-conscious diners.

THE ASSOCIATED PRESS

Market Minute

DOLLAR
97.82¢ (-0.29¢)

TSX
12,781.76 (-48.27)

OIL
\$93.74 (+29¢)

GOLD
\$1,604.60 (+\$12)

Natural gas: \$3.92 (+4.8¢)
Dow Jones: 14,452.06 (-62.05)

Deal struck on U.K. press laws

British politicians have struck a last-minute deal over press regulation, unveiling a new code on Monday that is meant to curb the worst abuses of the country's scandal-tarred media.

The deal follows days of heated debate over how to implement the recommendations of Lord Justice Brian Leveson, the senior judge tasked by politicians with cleaning up a newspaper industry plunged into crisis by revelations of widespread illegality. Victims' groups have

lobbied for an independent watchdog whose powers are rooted in legislation. Media groups have opposed any potential press law, saying it threatens press freedom.

The deal reached in the early hours of Monday morning appears to be a complicated compromise.

"I think we have got an agreement which protects the freedom of the press — that is incredibly important in a democracy — but also protects the rights of people not to have their lives turned

upside down," senior opposition leader Harriet Harman told broadcaster ITV.

The body would be independent of the media and would have the power to force newspapers to print prominent apologies. Submitting to the regulatory regime would be optional, but media groups staying outside the watchdog's purview could risk being slapped with extra damages if their stories fall afoul of Britain's court system.

THE ASSOCIATED PRESS

Old news

The previous watchdog has been widely discredited.

- Chairwoman Peta Buscombe was sued for libel after she challenged the account given by a lawyer for phone-hacking victims, and former ethics adviser Tina Weaver has been arrested on suspicion of conspiring to hack phones.

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ALL'S FAIR IN LOVE AND LAUNDRY

There are numerous benefits to shacking up with a significant other — not only is it cost effective but those late-night booty calls become a lot more convenient. But what happens when you wake up the next morning and realize that the floors need to be cleaned and there's a pile of dirty dishes in the sink? What's the best way to handle the division of labour when you start living together under the same roof?

Some couples think it's best to approach cohabitation in a pragmatic, organized fashion while others assume that the living situation will evolve more organically. Divvying up household responsibilities in a systematic fashion can help reduce the I-took-the-garbage-out-last-week arguments, but I can't help thinking that keeping an official chore schedule and tallying up grocery store receipts might ultimately suck the romance out of the relationship.

Like many women, I've had my fair share of discussions (ahem, blow-out fights) about discrepancies in who does more



SHE SAYS
Jessica Napier
metronews.ca

housework. When my boyfriend and I first moved in together he suggested that he take care of the laundry while I should be the one to clean the toilet because "you're so much better at it than I am." He was half-joking (I hope) but also correct in that I was much more proficient at keeping things neat and tidy. However, I swiftly gave him a crash-course in bathroom maintenance and explained that I refused to live with a man-child with no concept of how to clean up after himself.

If anything, the guys should be the ones cleaning the toilet more often because as ladies we have much better aim when it comes to bathroom visits.

While household work might have been a woman's domain in the past, times have changed and traditional gender roles have given way to confusion as both men and women negotiate their new responsibilities inside and outside of the home. The notion of a clearly defined male breadwinner and his dutiful housewife seems

laughably archaic now, but that doesn't mean we've totally figured out how to navigate our way through this uncharted domestic territory. However, there's no doubt that two partners with full-time jobs and busy social lives should be making a conscious effort to divide household chores equally.

But if we take our desire for equality too literally it's possible that our pursuit of balance might start breeding resentment. If you're refusing to wash each other's underwear or help clean up the kitchen when it's not your turn, then that well-intentioned organization will turn into animosity. Tracking every single meal cooked and dollar spent in the name of equality might seem like a sensible approach, but it's kind of like keeping score in a game with no real winners.

That elusive notion of "domestic bliss" probably exists somewhere in the healthy middle ground between a hyper-regulated household and unmanaged chaos. However, if I haven't found it after four years of cohabitation then I might just have to accept that there will always be arguments. At least he knows how to scrub a toilet bowl now.

Follow Jessica Napier on
Twitter @MetroSheSays



ZOOM

Fancy some moonshine?



STEVE NILSEN/REX FEATURES

When the light hits your eye

Photographer Steve Nilsen couldn't help having fun when he witnessed an impressive moon halo in Kvæfjord in northern Norway. He grabbed

his flashlight and made it appear as if he was creating the stunning natural phenomenon with the flashlight. "I made the most of the sky as there were no aurora to see then," he said.

METRO

How the moon gets its halo

A moon halo is caused by the refraction of moonlight from ice crystals in the air.

The shape of the ice crystals results in a focusing of the light

into a ring, which surrounds the moon at a radius of 22 degrees. Since the crystals typically have the same shape, namely a hexagonal shape, the moon ring is almost always the same size. **METRO**

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

The unfortunately-named Border Porn is a Reddit page dedicated to very cool photos of international crossings — from the U.S. border splitting a Canadian's driveway to the meeting of hemispheres in Ecuador.

The patio of the Frontière Café in Baarle-Nassau, Belgium, is a humble dividing line with the Netherlands.



Which is a far cry from the military tension of the Korean Peninsula's DMZ.



Letters

RE: Obama: Keystone XL Pipeline Not Major Jobs Creator, published March 14

Obama, quit posturing, just say yes or no. Time to sink or swim for your toothless presidency.

Raymond Fortier posted to metronews.ca

RE: Experts Renew Calls to Solve

Foreign Investment Housing Affordability Puzzle, published March 17

The market was inflated all over Canada. Winnipeg home prices doubled over the last 10 years, too, and there weren't any foreigners buying there. This is a huge bubble inflated by the federal government/CMHC policy of subsidizing mortgages with low to no down payment and 30 to 40 year terms.

Joe Mainlander posted to metronews.ca

WE WANT TO HEAR FROM YOU:
Send us your comments: londonletters@metronews.ca

DVD reviews



The Hobbit: An Unexpected Journey

Director. Peter Jackson

Stars. Martin Freeman, Ian McKellen, Richard Armitage

Director Peter Jackson chose to tell the first part of his The Hobbit film trilogy in 3D at 48 frames per second (twice the normal rate). The DVD/Blu-ray release of the film is less ambitious. There's no 48fps, and 3D is available on Blu-ray only, but there's still lots to see and marvel over. Events in The Hobbit: An Unexpected Journey are set 60 years before novelist J.R.R. Tolkien's Lord of the Rings begins, when a wise Gandalf shows up at the Shire home of happy Bilbo (Martin Freeman) urging him to adventure. Gandalf (Ian McKellen) represents 13 dwarves whose Kingdom of Erebor has been invaded and conquered by the dragon Smaug. The dwarves seek to reclaim their homeland and also the treasure the dragon has stolen. At a running time of 170 minutes, The Hobbit packs in too much of a good thing, but it's all quality stuff.

PETER HOWELL

Zero Dark Thirty

Director. Kathryn Bigelow

Stars. Jessica Chastain, Joel Edgerton, Chris Pratt

Director Kathryn Bigelow's controversial drama has CIA agent Maya (Jessica Chastain) the focus of a serpentine narrative that uncoils between the Middle East, Washington, D.C., and Langley, Va., and ends with U.S. Navy Seals taking down bin Laden at his fortress compound in Abbottabad, Pakistan. ZD30 doesn't flinch from scenes of brutal torture — there are beatings, humiliation, waterboarding and confinement — but it in no way endorses it.

PETER HOWELL

Ladies and gentlemen...

It's our pleasure to introduce to you... Justin Timberlake's career. His album, The 20/20 Experience, is out today. In honour of JT, we take a look back.

METRO WORLD NEWS

1981

Beamed down from heaven — to Tennessee — Justin Timberlake simply appeared one day, fully-formed. His first words were not words at all, but traditional gospel hymns that made grown men weep.



1993

His first big break: Timberlake sang country music on the U.S. talent series Star Search. That isn't the first hat he'd regret.

1993

Britney Spears, Christina Aguilera and JT appeared on The Mickey Mouse Club when — whoa, is that Ryan Gosling? Why isn't this story about him?



1995

Backstreet who? *NSYNC sold 11 million albums, and the sequel, No Strings Attached, became the fastest (at the time) selling album ever.



2000

This.

2000

Bristin Timberspears never really took off as a nickname. It's never too late.



2001

Still in *NSYNC, Justin takes the spotlight more. Could a solo career be far behind?

2002

The solo career was not far behind. The album Justified would sell more than 7 million worldwide, with single Cry Me a River, inspired by his Spears breakup, a hit.



2004

Nipplegate

2006

His first movie, Edison Force ... straight to DVD



2006

But that same year, Timberlake brings sexy back with FutureSex/LoveSounds.

2007

Madonna teams up with JT and the world shrugs. Sounds like a good time to focus on film.

2010

Finally, a big-screen hit: Timberlake brings sexy back to nerds in the Oscar-nominated The Social Network.



2013

Straightened hair, sharp suits, a lifetime of style lessons learned. Justin is back with The 20/20 Experience, out today. He's a latter-day Sinatra who moves like Michael Jackson. Bring back the dreads!



2 SCENE



Twilight author Stephenie Meyer ALL PHOTOS GETTY IMAGES

Did RPattz and KStew take the fall for Stephenie's fame?

Twilight creator Stephenie Meyer admits she feels some guilt for the circus the lives of stars Kristen Stewart and Robert Pattinson have become. "If they had the choice, I've no idea if they'd even do Twilight again. I just don't know. I think this has all come at a heavy price," Meyer tells Britain's Times

magazine. "I just don't think they enjoy the parts (of fame) that other people would. And I totally get that, because it would not be my thing either. At the same time — and this is where the guilt comes from — it's created this nice, peaceful place for me. They took all of my heat, which I feel bad about."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Here comes the Lohan!

THE WORD

Meredith Engel
scene@metronews.ca

We only wish it was a happy occasion for Lindsay Lohan. The star was greeted with a showering of glitter as she arrived to her latest court appearance on Monday in L.A. Lindsay was, naturally, late to the appearance — she was scared to fly alone, but thankfully, an energy drink company by the name of Mr. Pink hooked her up on the company's private jet, per The Atlantic Wire.

Our question: what's an energy drink company that no one's ever heard of doing with a private plane?



Lindsay Lohan gets glitter-bombed. DAMIAN DOVARGANES / THE ASSOCIATED PRESS

Clooney and Keibler canoodle, kill the rumours

George Clooney and Stacy Keibler stepped out hand-in-hand for dinner in Berlin this weekend amid rumours that the couple's relationship is in trouble, according to E! News. Clooney

and Keibler were dressed casually and were joined by Matt Damon, who joined them after dinner at the Soho House. Clooney is in Berlin filming the Monuments Men.



George Clooney and Stacy Keibler

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Madonna

Madonna always comes prepared with a few potshots

Madonna used an appearance at the GLAAD Awards this weekend to take some shots at the Boy Scouts of America, which continues to ban gay members and troop leaders. The outspoken singer showed up at the event dressed in a Cub Scout uniform to present an award to Anderson Cooper.

"I wanted to be a Boy Scout, but they wouldn't let me in. I think that's f—ed up. I can build a fire. I know how to pitch a tent," Madonna said from the stage. "Most importantly I know how to scout for boys. So, I think I should be allowed to be a Boy Scout and they should change their stupid rules."



Gwyneth Paltrow

Going for baby three a scary thought for Paltrow

Gwyneth Paltrow has been considering having a third child, but one very traumatic experience from the last time she and husband Chris Martin tried — which resulted in a miscarriage, she reveals — is giving her pause. "My children ask me to have a baby all the time. And you never know, I could squeeze one more in. I am missing my third. I'm thinking about it," the mother of two tells the Mail on Sunday's You magazine. "But I had a really bad experience when I was pregnant with my third. It didn't work out and I nearly died. So I am like, 'Are we good here or should we go back and try again?'"

Put your spring back in spring

Eat fatty fish to make your skin glow. Purge your Facebook feed. Sex, stress, fitness and diet experts share their foolproof tips for starting afresh as Wednesday marks the first day of spring.

ROMINA MCGUINNESS
METRO WORLD NEWS

Eat oily foods for super smooth skin

Oils from salmon and herring have high concentrations of the omega-3 fatty acids DHA and EPA, which offers softer skin and minimize the appearance of wrinkles. Not fond of fish? Watercress, walnuts and flaxseeds are great plant-based alternatives. Cheryl Forberg, nutritionist for *The Biggest Loser*, recommends eating three to four grams per day.



Eat the right amount of calories at the right time

If you can't figure out how to space out your calorie intake, think, "three meals and two snacks," Forberg tells Metro. "Say you're taking in 2,000 calories a day. Divide this by four. This allows for three, 500-calorie meals and two, 250-calorie snacks."



Have a coregasm

"Any workout involving the core can be a powerful trigger, all you need to do is tap into your erotic tools: your body and breath. Sit-ups are great. Take in a long deep inhale and then as you exhale, crunch and contract the pelvic floor muscles. Hold

that tension in your core. As you release, pleasure floods through you. Allow your body to jerk, shake or twitch," says celebrity sexologist Jaiya.

Negativity out, Honesty in

Celebrity Stress Coach Kristen K. Brown says spring

is a time to ask yourself: "Am I doing what I should be?" If you're crabby all the time and constantly bitching could you be causing your own drama? Look at your Facebook and Twitter feed to see what you've been posting of late.

Outdoor workouts

Things like tennis, rollerblading, hiking, etc. become a much more viable option in the spring. You can also implement more activities of daily living. "Take morning or evening walks and ride your bike places instead of driving your car," suggests Joe Dowdell, Anne Hathaway's personal trainer and founder of Peak Performance.

Get your morning under control: from p.m. to a.m.

Most mornings you: scramble around looking for a pair of clean underwear and get to work (late) on an empty stomach, buzzing on caffeine. This frenzy sets the tone for the rest of the day.

"Doing more prep in the evening reduces stress," says Brown. "Pick out an outfit and have everything in one place so you can just grab and go." And, as you won't be lying in bed thinking about everything you need to do the next day, you'll sleep better. Bonus.

Sleep seven to eight hours a night

"As we sleep, the body repairs and regenerates itself," explains Dowdell. "But sleep also has a major affect on two key appetite-regulating hormones: leptin, that tells you when you're hungry, and ghrelin, that signals when you're full," he adds. Together, they work like a checks and balances system in the body: "When you lack sleep, your leptin levels drop and your ghrelin levels rise, causing you to crave sugary, high-carb foods. This imbalance can sabotage your diet."

Slim for life

Biggest Loser coach weighs in with new book

Jillian Michaels orders two eggs over easy with a smidgeon of oil and two slices of dry toast.

And coffee.

Coffee?! "Two strong cups, 400 milligrams, fights pancreatic cancer," she says. "Plus Alzheimer's, Type 2 diabetes and improves cognitive functions."



Jillian Michaels THE ASSOCIATED PRESS FILE

Not that Michaels is a health-nut goodie-goodie.

"I still drink a little bit of alcohol," she confides. "And

I haven't been to the gym in five days!" No wonder. There's this grueling book tour on top of an always-heavy workload, plus the routine demands of parenting a three-year-old daughter and an 11-month-old son who, along with her partner, Heidi Rhoades, have come with her on this recent New York visit.

But all is never lost, says Michaels, in the battle to lose weight and be healthy. "Even if you're just standing while you're talking on the phone," she offers, "you can burn up to 300

calories in a day."

That's the sort of forgiving advice found in her latest book, *Slim for Life: My Insider Secrets to Simple, Fast and Lasting Weight Loss* (Harmony Books). "It's my softest approach to weight loss," says Michaels, a wellness coach to whom the word "soft" is seldom applied.

After all, she is famous as the drill-sergeant trainer on NBC's *The Biggest Loser*, a five-foot-two-inch force of nature who doesn't hesitate to throw her tautly muscled weight around.

THE ASSOCIATED PRESS

3 TIPS

Forget Gatorade, just pop a Medjool Date Ball



This recipe makes about 18 balls. NATURAL DELIGHTS MEDJOOL DATES

THERESA ALBERT
myfriendinfood.com

As a new runner, I am on a mission to find a way to support my exercise without drinking and eating processed and sugar laden energy packs and sports drinks.

What I have discovered is that I do need a pre-run, low glycemic index, nugget of a power snack.

Then I found that these Medjool Date Balls were the perfect thing to keep in my purse to perk me up from any 3 p.m. slump or high demand, low energy day.

Psst ... kids like them too!

1. Pulse almonds in a food processor until coarsely ground. Transfer to a bowl.

2. Pulse dates in food processor until almost smooth, adding up to 3 tbsp (45 ml) water as needed to help blend.

Ingredients

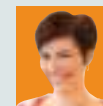
- 1 cup (250 ml) raw almonds
- 16 Natural Delights Medjool Dates, pitted
- Water, for blending
- 1/2 cup (125 ml) shredded unsweetened coconut
- 1/3 cup (75 ml) raw almond butter or coconut butter
- 3 tbsp (45 ml) cocoa powder
- 1 tsp (5 ml) ground cinnamon

3. Add almonds back to food processor with coconut, almond butter, cocoa powder and cinnamon and pulse, scraping down mixture in bowl with a wooden spoon as needed until completely incorporated.

4. Transfer to a large bowl. Scoop mixture into 2 tbsp (30 ml) balls, rolling with your hands; place balls on a parchment-lined baking sheet. Cover and refrigerate. **RECIPE COURTESY OF NATURAL DELIGHTS MEDJOOL DATES**

Health Solutions

Start dating again



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Once the manna of hikers and hippies, dried fruits are showing up everywhere. They are the perfect glucose nuggets for pre-workout or quick energy during a long run, but they are also a portable simple snack and a little goes a long way. Some ways to get the benefits of these high mineral foods are:

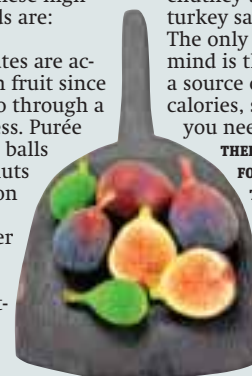
- Medjool dates are actually a fresh fruit since they don't go through a drying process. Purée and roll into balls along with nuts and cinnamon for an excellent appetizer or accompaniment to a cheese platter. They are

a great ingredient in loaves as they add anti-oxidants along with sweetness.

- Dried figs can be sliced in half, spread with goat's cheese and lightly baked and then drizzled with balsamic for a stunning appetizer.

- Dried papaya contains papain with is a natural digestive enzyme. Many with stomach issues find it soothing. Chopped into salads and stews, they add a zing of sweetness. Think about simmering them with water, fresh ginger and a splash of sherry for chutney that will make any turkey sandwich sing. The only thing to keep in mind is that dried fruit is a source of concentrated calories, so a little is all you need.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



Easy and low fat — it doesn't get any better

NATALIE RICHARD
YummyMummyClub.ca

I love this Cranberry Muffin recipe because it is so easy to make and on top of being healthy and low fat, the muffins are not too sweet.

They make a perfect afternoon snack or even a morning delight.

1. Preheat the oven at 350 F.

Ingredients

- 1 cup of all purpose flour (I like unbleached organic pastry flour)
- 3/4 tsp baking powder
- 1/4 tsp baking soda
- 1 pinch of salt
- 1 tbsp butter
- 1 egg, beaten
- 1/2 cup maple syrup
- 1/4 cup plain yogurt (2% or non-fat)
- 1/2 Granny Smith apple, grated
- 1 cup fresh cranberries



This recipe makes 12 muffins. NATALIE RICHARD OF YUMMYMUMMY.CA

2. Butter or spray muffin cups with non-stick cooking spray.

3. Mix flour, baking powder, baking soda and salt together.

4. Incorporate the butter and mix in the beaten egg, maple syrup, yogurt and grated apple.

5. Fold in the fresh cranberries

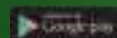
and spoon the batter evenly in the muffin tins. Bake until done, about 20 minutes. You can test to see if they're done by sticking a toothpick into the centre of a muffin. If it comes out clean, pull out of oven, let cool on wire rack and enjoy. **YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD.**

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metro

Trying to explain love with science

Book. Author looks into our genetic tendencies when it comes to matters of the heart

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Science has told us so many definitive things about the way our world works, but matters of the heart are still largely a mystery, no matter how much study has been dedicated to figuring out how the human brain operates when in love.

Just ask Kayt Sukel, author of *Dirty Minds: How Our Brains Influence Love, Sex and Relationships*. Sukel investigated a wealth of neurological studies meant to suss out our genetic tendencies when it comes to mating, but her inspiration to do so came from a very relatable place.

"I was looking for the same thing that anyone with a broken heart trolling

the self-help aisle was," she says. "I was looking for some actionable advice — something that sort of made sense and really explained what love was. That's not exactly what I found. I didn't find those 'five ways to make him love you.' I didn't find any rules."

Disappointing? Sure. Sukel says that so many factors can affect the brain's behaviour that it's close to impossible to come up with any hard-and-fast rules of human behaviour when love is involved.

"I found that our brains are plastic, love relationships are complicated even down to the cellular level and whenever you introduce all of these variables together, you get a different situation every time," Sukel says.

But there is one bit of validation Sukel found that will be useful to any woman who has been the victim of infidelity.

"There's this whole camp that says that men are built

Q&A

Which animal is the closest to humans in terms of mating?

- "A little rodent called the prairie vole," Sukel says. "Not only do they pair-bond for life, but they're also alloparentals — which means that both the moms and dads take care of the babies. They're the best model we have to study these kinds of behaviours, especially in terms of looking at the brain and what's going on there in terms of neurochemical genetics."

to cheat," Sukel says. "That it's just their evolutionary strategy, but we've evolved also with this huge frontal lobe and of course that's the centre of decision-making and morality. We've come a long way from the idea that our biology compels us. There's always a choice."



Is there something in our brains that can help explain love? ISTOCK IMAGES

For Canadian families, the canine is king

Would you sooner kick your snoring spouse, or your snoring pooch, out of the bedroom? Do you celebrate your pup's birthday? Is your dog included in family photos?

As a recent Purina Dog Chow Family Poll uncovered, one thing is certain: Canada's four-legged friends are cherished members of the family.

Across the country the feeling is unanimous. Families

do not feel complete without their canine companions, and the family dog is rewarded handsomely for it.

More than one-third of respondents (37 per cent) would sooner kick their spouse out of the bedroom for snoring than their dog; half of respondents (51 per cent) say their dog sleeps with them in bed; 61 per cent acknowledge their pup's birthday; 85

per cent include their dog in family photos.

Not only do our furry family members have upgraded sleeping arrangements, but the majority of pet owners wouldn't think about planning a trip (91 per cent), or making weekend plans (87 per cent), without considering their dog in the preparations. And to make their family status official, two in five

dogs adopt their family's last name.

"It doesn't come as a shock that Canadians feel this way about their family pet," said Jill Priest, a dog behaviourist and trainer. "Dogs have evolved from work companions, to full-fledged family members who provide unconditional love and teach us a sense of responsibility."

NEWS CANADA



Dogs are a cherished member of the family. Often, they're the ones that call the shots. ISTOCK IMAGES



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Raise money. Crowdfunding for businesses would give investors stake in company



Crowdfunding would allow small investors to help get companies off the ground. ISTOCK IMAGES

Social media wants to meet up with corporate finance on the Internet to let startup and small businesses raise money online.

It's called equity crowdfunding — different from Kickstarter which funds creative projects like movies, games or music — because it would give these online investors shares in a company.

CEO and president Chad McMillan of Canada Gold Corp. (TSXV:CI) said equity crowdfunding would bring in more investors contributing smaller sums of money, spreading the risk.

"Crowdfunding is an innovative technique using modern technology that provides an opportunity to do that," he said in an interview.

He said it would help democratize investing, allowing small investors to help get companies off the ground.

"I believe there are people who would love to have access to those opportunities as opposed to it just being reserved

Laying the groundwork

- Equity crowdfunding is already allowed in Australia, United Kingdom and the Netherlands. Italy is implementing it and the United States also has laid groundwork for it.
- In Canada, a number of provinces are looking at it, including Quebec, Alberta and Ontario.

for the distinguished few."

McMillan said publicly traded junior mining companies such as his own, startup technology and resource companies and any number of businesses would benefit.

"Many companies are finding it quite difficult to access and raise capital to advance their projects or their ideas," said McMillan, whose company is based in Vancouver.

THE CANADIAN PRESS

Five taxing tax myths

Alison on Money.

Fact or fiction: what do Canadians believe when it comes to tax time?



YOUR MONEY
Alison Griffiths
money@metronews.ca

Income tax is complex and, I suspect, deliberately confusing. After all, filing returns employs an entire profession. Not surprising then that Canadians have many wrong ideas about their taxes.

These five myths, culled from H&R Block's free online question and answer service (hrbtaxtalk.ca), can run you afoul of Ottawa or cost you money.

1. I earned less than the \$10,822 personal amount so I don't have to file a tax return.

Even if you did not earn more than the \$10,822 personal amount and have no other deductions, neglecting to file a tax return may cost or reduce benefits such as the quarterly GST/HST payment or the Ontario Trillium, Quebec Solidarity or Child Tax benefits. Seniors may be entitled to the Guaranteed Income Supplement.

Note: If you have had tax withheld, the refund depends on you filing



Do Canadians have a few wrong ideas about their taxes? ISTOCK IMAGES

a return.

2. I can claim a flat rate amount for business mileage.

Self-employed Canadians must keep a logbook to calculate the auto expenses

for their business. "You can track your mileage for a year to create a baseline," notes H&R Block senior tax analyst Cleo Hamel, "then the next year track a three week period and if it's the same, you use it for the

whole year. But be detailed."

3. Child support is a tax deduction.

Unless your agreement is dated before May 1, 1997, child support payments are reported on your tax return but are not a deduction or included in income.

Note: spousal support payments are tax deductible, however, and considered income.

4. If I work outside of the country, I do not need to file a tax return.

It's all about residency. If you are working outside the country but retain substantial residential ties to Canada, you will be required to file a Canadian tax return.

Note: you can give up residency and have it reinstated later. But it can be complicated. Check out cic.gc.ca/english/citizenship/renounce.asp.

5. Mortgage interest is a tax deduction.

Unlike the U.S., only self-employed Canadians working from home can claim a percentage of mortgage interest as a business expense. "A lot of our confusion about this comes from our close connection with the U.S. and watching American television," says Cleo Hamel.

Tax filing software will steer you clear of most myths. Be sure to file even if you don't have a taxable income.

Contact Alison at griffiths.alison@gmail.com or alisongriffiths.ca



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*Based on \$12,200 fixed rate loan at 8% per annum with a 26 month amortization. Savings example is calculated by consolidating credit card balances of \$3200 @ 19% per annum with monthly payment of \$150/month, and \$1000 @ 25% per annum with monthly payment of \$100 and loan of \$8000 with 3 year term @ 9% per annum with monthly payment of \$265/month. The interest rate is subject to change at any time without notice. The rate is used for illustrative purposes. Personal Lending products and residential mortgages are offered by Royal Bank of Canada and are subject to its standard lending criteria. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

Curling

Americans hand Homan rink its second loss

Ottawa skip Rachel Homan's three game winning streak ended with a 5-4 loss in an extra end to Erika Brown of the United States Monday evening at the world women's curling championship in Latvia.

Earlier in the day, Homan beat Russia's Anna Sidorova 5-4.

The Canadian rink is in a six-way tie for third place with a 3-2 record after eight draws.

Round-robin play continues through Thursday night and the medal games are scheduled for Sunday.

Homan is trying to win Canada's first world women's title since Manitoba's Jennifer Jones won it in 2008.

THE CANADIAN PRESS

NFL

League settles on paying \$42M to retired players

The NFL has agreed to pay \$42 million as part of a settlement with a group of retired players who challenged the league over using their names and images without their consent.

The league will use the money to fund a "common good" trust over the next eight years that will help retired players with an array of issues including medical expenses, housing and career transition. The settlement also establishes a licensing agency for retired players to ensure they are compensated for the use of their identities in promotional materials.

THE ASSOCIATED PRESS

High playoff hopes for Canadian teams

NHL. Five of country's seven teams currently in position to play post-season hockey

Nine long years.

That's how much time has passed since as many as five Canadian-based teams made the Stanley Cup playoffs.

If the season ended now, there would be five in the post-season — Montreal, Winnipeg, Ottawa and Toronto in the Eastern Conference and Vancouver in the West.

Only Edmonton and Calgary would be left out, although heading into Monday's games the Oilers were just two points behind eighth-place San Jose in the West and four points out of first place in the Northwest Division. The Flames were another two points back.

"It's great to see," Montreal defenceman Josh Gorges said. "Canada's been longing for a team to win a Cup and when you have more teams in the playoffs, obviously the odds are a lot greater."

However, it is not like Gorges or any other player is rooting for fellow Canadian teams to make it. They're only concerned about getting their own teams over the hump.

"It's exciting, but that's about it," added Gorges. "I'm worried about us. I don't care whether the other teams make it or not, to be honest."

His teammates said much the same, but that mindset could change if they get into the amped-up atmosphere and media coverage of a playoff series between two Canadian



Toronto Maple Leafs goaltender James Reimer makes a leg save on Ottawa Senators centre Zach Smith in Toronto on March 6. If the regular season ended today, both the Leafs and Sens would advance to play in the post-season, along with three other Canadian teams. FRANK GUNN/THE CANADIAN PRESS

teams.

It hasn't happened since five clubs made it in 2004.

That year, the Flames downed the Canucks in the first round en route to the Stanley Cup final, where they lost in seven games to the Tampa Bay Lightning.

The same year, the Maple Leafs beat the Senators in the first round before bowing out to Philadelphia in a conference semifinal. It was the fourth

Canadian representation

The last time all the Canadian teams made it was 1985-86 when there were only 21 teams, seven of them in Canada.

time in a five-year span Toronto downed Ottawa in the post-season.

Montreal also made it in

2004 and beat Boston in the first round before losing to Tampa Bay.

The Canadiens, the last Canadian team to win a Stanley Cup in 1993, are battling for first place in the conference with a 19-5-4 record heading into a game Tuesday night against Buffalo.

With 20 games left to play, only a major collapse would keep them out of the post-season. THE CANADIAN PRESS

Woods, Vonn confirm they're a couple



Tiger Woods and Lindsey Vonn confirmed on Facebook Monday that they're dating. GETTY IMAGES FILES

Sports has a new power couple: Tiger Woods and Lindsey Vonn confirmed they're dating.

Two months after rumours began circulating in Europe, Woods and Vonn posted separate items on their Facebook pages Monday afternoon to announce their relationship. The posts include photos of golf's 14-time major winner and the Olympic and World Cup downhill ski champion.

"This season has been great so far and I'm happy with my wins at Torrey and Dor-

al," Woods said. "Something nice that's happened off the course was meeting Lindsey Vonn. Lindsey and I have been friends for some time, but over the last few months we have become very close and are now dating."

Woods made a stop in Austria — where Vonn was competing in the Alpine skiing world championships — in January on his way to Abu Dhabi to start his season. Two weeks ago, after he won the Cadillac Championship at

Doral for his second win this year, The Daily Mail published photos that showed a woman, who appeared to be Vonn, in a golf cart at the marina where Woods' yacht Privacy was docked.

"I guess it wasn't a well-kept secret but yes, I am dating Tiger Woods," Vonn said on her Facebook page. "Our relationship evolved from a friendship into something more over these past few months and it has made me very happy."

THE ASSOCIATED PRESS

T.O. quartet key to Aggies hoop dreams

NCAA. Freshman centre Sim Bhullar leading the charge in New Mexico State's resurgence

Call them the Canadian desert quartet.

When the New Mexico State Aggies lost to Louisiana Tech on New Year's Eve 81-72, it dropped the team's record to 6-8, a far cry from any chance at making it to the NCAA tournament months later.

So when the team beat Western Athletic Conference rivals UTSA three days later and broke a 39-year-old school record for shooting percentage (68.6 per cent), something changed.

The victory sparked a 12-game winning streak — they won 18 of their last 20 — a second-straight conference title and a trip back to the big dance.

Led by six foot one sophomore guard Daniel Mullings

and seven foot four freshman centre Sim Bhullar (10.5 ppg, 6.5 rpg, 2.4 blocks), along with fellow Toronto natives Tyrone Watson (10.8 ppg, 5.1 rpg) and Renaldo Dixon (5.7 ppg), the Aggies enter the tournament as the 13 seed in the Cinderella-heavy Midwest region and face potential Final Four contender Saint Louis on Thursday afternoon.

"I get another shot at it and to try to win the game this year," said Toronto-born Mullings, of his second trip to the tournament. "We fell short last year. We have to bring it from the beginning."

The four Canadians have played a pivotal role in the Aggies (24-10, 14-4 conf.) resurgence over the last two months of the season and dominate conference tournament play (they beat opponents by an average of 14 points a game in the team's last six tournament games). In the conference final against Texas-Arlington, Bhullar, a towering freshman cen-

tre, helped stave off a late run from the Mavericks by putting on a one man show: 16 points, 15 rebounds and five blocked shots. Named the tournament MVP, Bhullar was the first freshman since Brigham Young's Shawn Bradley to earn the award in 23 years. Bhullar was also named the WAC freshman of the year and was named to the third All-WAC and All-Newcomer team after posting 11.3 points, 7.3 rebounds and 3.0 blocks per game.

Earlier in the season, a New York Times piece said no matter what level he rises to, Bhullar is poised to become the world's first prominent men's basketball player of Indian descent.

Mullings, a former student and player at Wilfrid Laurier Collegiate Institute in Scarborough, was voted to the All-WAC second team after an impressive regular season where he averaged 14.7 ppg, and added 2.6 assists and 2.6 steals per game in conference play.

TORSTAR NEWS SERVICE



Toronto's Tyrone Watson shoots against Christian Watford during the New Mexico State Aggies' March Madness game against the Indiana Hoosiers last season at the Rose Garden in Portland, Ore. JONATHAN FERREY/GETTY IMAGES

Bracketology

Math Madness

A math professor at University of Cincinnati is bringing March Madness into the classroom.

Earlier this year, Mike Magazine introduced his Bracketology class to the business school at the home of the Bearcats. He's teaching business students about the math involved in analyzing teams and filling out their brackets.

The 68-team field came out Sunday, meaning Monday was the unofficial Bracket Day across America — when fans and non-fans alike start making their picks, choosing winners of the 67 games, with hopes of cashing in on the \$10 and \$20 investments they're making in office pools across America.

The biggest lesson learned in his class, Magazine says, is that math leads us toward lots of correct decisions. Still, that's no guarantee that outcomes always come out the way we plan. THE ASSOCIATED PRESS

Tennis. Rafael Nadal bounces back from knee injury to win Paribas Open

Rafael Nadal arrived at Indian Wells not believing he could win the tournament. A week later, the crystal trophy awarded to the champion was on the table next to him.

Nadal has been busy picking up trophies since he returned from a left knee injury in early February. The Spaniard has won three tournaments, including two on his favourite clay surface, and been runner-up in another after missing seven months.

"I did much more than what I dreamed," he said after rallying to beat Juan Martin del Potro in three sets at the BNP Paribas Open on Sunday, his first hard-court tournament title since October 2010.

"Coming back is certainly something amazing for me, totally unexpected, and I received more support than ever from the crowd every place that I played."

Nadal is on the crest of a wave now after last summer's low point, when injury forced him to miss the London Olympics. He couldn't practise because of tendinitis in his knee and various treatments yielded little success.

"When you feel that you



Rafael Nadal celebrates his victory at the BNP Paribas Open on Sunday in Indian Wells, Calif. GETTY IMAGES

are doing everything and the results are not being very satisfactory, you go down a little bit. The doubt when and where you will be able to be back on a tennis tournament is hard," he said. "When you are there and wake up every morning and test yourself and the test is negative, it's not the right feeling, that's not nice."

Nadal withdrew from this week's tournament near Miami on the advice of doctors.

He won't return to the ATP tour until mid-April on clay in Monte Carlo. THE ASSOCIATED PRESS

Women's hockey

Wickenheiser, Hefford lead Canada into world championship

Hayley Wickenheiser, Jayna Hefford and Caroline Ouellette are the veterans leading Canada into the women's world hockey championship in Ottawa next month.

They are among the 23 players named to the Canadian team attempting to defend the world title Canada won last year in Burlington, Vt.

Ouellette scored the overtime winner in the final against the host United States last year.

Wickenheiser and Hefford will play in their 12th world championship and Ouellette her 11th in Ottawa.

Canada opens against the archrival U.S. on April 2 at Scotiabank Place and also faces Switzerland and Finland in its pool.

THE CANADIAN PRESS



Hayley Wickenheiser
THE CANADIAN PRESS FILE

Toronto Blue Jays in the market for long reliever

Blue Jays manager John Gibbons says there is only one job still up for grabs in the club's bullpen: the long reliever.

Though he hasn't explicitly laid out who is in and who is out, the news strongly suggests that young Aaron Loup has secured a spot as the Jays' second lefty specialist alongside 42-year-old veteran Darren Oliver. They join a Jays relief corps that will also include Sergio Santos, Steve Delabar, Esmil Rogers and, if healthy, Casey Janssen.

That leaves Brett Cecil and Jeremy Jeffress as the main combatants to be the club's long reliever and mop-up guy, a role vacated by versatile swingman Carlos Villanueva, who signed as a free agent with the Chicago Cubs.

Both Cecil and Jeffress are out of options and would likely be claimed before clearing waivers. But if Janssen is unable to break camp with the club — he pitched in a minor-league game on Sunday, his first game action since returning from offseason shoulder surgery — both have a chance to make the team.

J.A. Happ remains a possi-



Blue Jays pitcher Darren Oliver stretches during spring training last month in Dunedin, Fla.
THE CANADIAN PRESS

bility in the long role, but he figures to stay stretched out as a starter in Triple-A Buffalo. Brad Lincoln, last year's return on Travis Snider, has been slowed by a sore shoulder and is also likely headed to Buffalo.

While Gibbons has been coy about naming names, he hasn't been shy about how fond he and the Jays are of Loup, who made his debut midway through last season and was one of the few minor-league call-ups to stick with

ERA

2.64

Aaron Loup posted a 2.64 ERA in 2012, walking just two batters in 30-plus innings.

the big-league club.

The 25-year-old Louisiana native — a former ninth-round pick who throws from a three-quarter arm slot — emerged from relative obscurity as one of the bright spots in an otherwise miserable 2012 for the Jays, posting a 2.64 ERA and walking just two batters in 30-plus innings.

Despite only pitching in 33 games he was named the Jays' Rookie of the Year by the Toronto chapter of the Baseball Writers Association of America. This spring he has picked up where he left off, allowing one run in seven innings without walking a single batter. "I can't complain the way things are going," Loup said this week. "The mood in camp is pretty relaxed and pretty calm, that's helped out a lot."

TORSTAR NEWS SERVICE



Horoscopes

Aries

March 21 - April 20

If you are determined to make a name for yourself, wait until the Sun moves into your birth sign tomorrow. If you make your move now, you could find that little things go wrong.

Taurus

April 21 - May 21

You appear to be in one of your supremely confident moods, and that's great. But don't forget that bubbles can burst. It might be best not to make too many promises today, to yourself or to others.

Gemini

May 22 - June 21

A new phase is about to begin and if you are smart you will pay less attention to work matters and more to friendships. The people you meet over the next few weeks will benefit you in many ways.

Cancer

June 22 - July 23

Keep your dreams and schemes private today. You may have some wonderful ideas but what's the point in making them public if you can't do anything with them yet? A little secrecy is no bad thing.

Leo

July 24 - Aug. 23

You may be a bit tense at the moment, but over the next day or two it will feel as if you have been born again. Where before you saw doom and gloom you will soon see nothing but hope and joy.

Virgo

Aug. 24 - Sept. 23

You know how to handle yourself in a crisis and that's good because today you will have to use all your courage to sort out a difficult, maybe even dangerous, situation. Others are depending on you.

Libra

Sept. 24 - Oct. 23

As the Sun is about to move into your opposite sign, there will be times when you don't understand why others think and act the way they do. Don't let it faze you.

Scorpio

Oct. 24 - Nov. 22

There is so much junk and clutter in your life. Take a long, hard look at all the things you own and work out ways you can make a bit more room for yourself. Less is more.

Sagittarius

Nov. 23 - Dec. 21

Something wonderful is about to happen. Your sixth sense tells you that life is about to take a major turn for the better and the more you look forward to having fun, the more fun you'll have.

Capricorn

Dec. 22 - Jan. 20

The worst possible thing you can be now is indecisive. What's needed is immediate and forceful action, even if you are not sure what the consequences might be. Don't worry what other people might think — get on with it

Aquarius

Jan. 21 - Feb. 19

There are quite a few minor disputes taking place at the moment, but if you are smart you will ignore them all and get on with what is important to you. Put your needs first.

Pisces

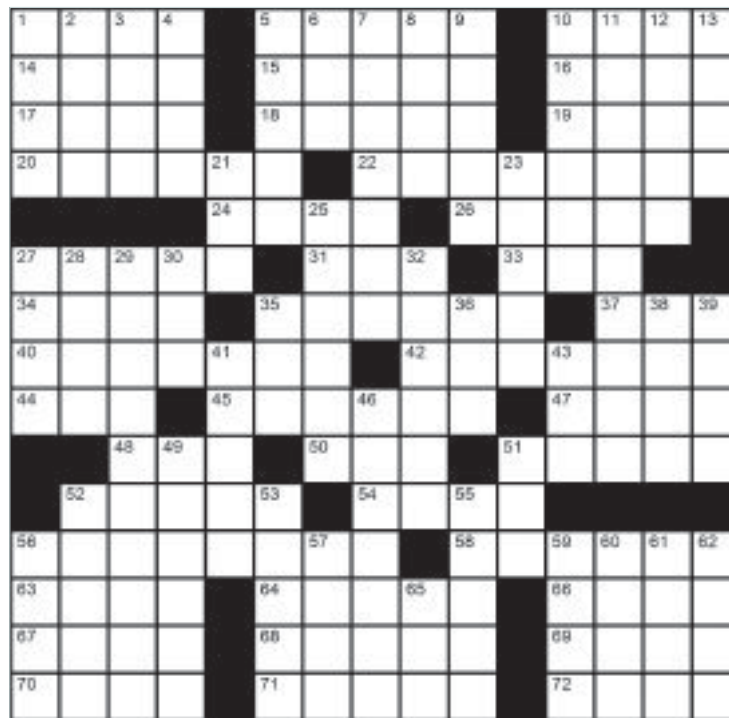
Feb. 20 - March 20

You must be honest about your money situation today, both with yourself and with other people. The Sun's change of signs tomorrow will bring opportunities to improve your cashflow situation, so there's no need to worry. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- March 19-24, 2013: Canadian Music ____
- Ozzy, as Jack or Kelly would introduce him: 2 wds.
- River of Turkey
- Competent
- Emma Roberts, to Julia
- Drill hole
- Broadway musical, ____ Yankees
- Related maternally
- Huffy-puffy mood
- Solar ____
- Embassy worker
- Paper pack
- Of the ear
- British singer Ms. Goulding
- '____' in Regina
- "Arctic Air" network
- Bridal accessory
- Made up of two
- Permit
- English: French
- Prime Minister ____
- Pearson
- To the ____ degree
- Batman's city
- "____ Street" (1987)
- Even if, briefly
- Swiss river, variantly
- Great ____ (Dogs like Marmaduke)
- Piercing
- Actor Mr. Phillippe
- "ET Canada" airtel: 2 wds.
- Group of Seven painter Mr. Harris (b.1885 - d.1970)



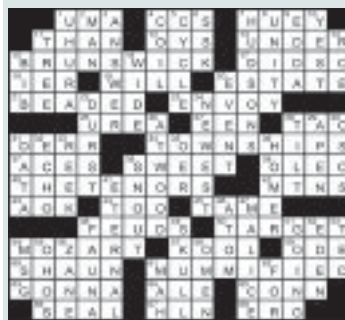
- "____ and ____" by Lady Gaga
- Cosmetics company, L'____
66. Car
- ____. ____ Helens, Wash.
- Alan of Great Big Sea
- Like a slanted line, for short
- Ladies

- Ms. Spacek
- Bryan Adams album: '____ the Fire'
- Down
1. Big bits
- Web auction site
- Tree types
- Superman/Clark ____
- Boeotian Muse of memory

- Feminine side
- Juno-winning rockers, Theory of a ____
- Play's opening: wd. + Roman Numeral
- Filmmaker Ms. Mehta
- Soak up
- Canadian sportscaster: 2 wds.
- Font style

- Cobblestone
- Bard's 'previously'
- Beatles' 'In the Sky' girl, and others
- Record label Clive Davis founded
- "____ Almighty" (2007)
- Pre-Easter period
- Peggys Cove landmark
- Unwell
- Wage
- Li'l life story
- "Shiny Happy People" b.a.n.d.
- Detective novelist, ____ Stanley Gardner
- Dining room pieces, for short
- Marketplace of ancient Greece
- Lettered airline, once
- Canadian fast food chain
- Smoking, gum chewing, and others
- Genetic letters
- Laziness
- Trudges
- Tin Pan ____
- Rep-doing locales
- Deanna ____
- (Counselor on "Star Trek: The Next Generation")
- Sort of streambed
- Wreck
- Louisiana, for one, in French
- Cancelled, ____
- Mr. Gore's

Yesterday's Crossword

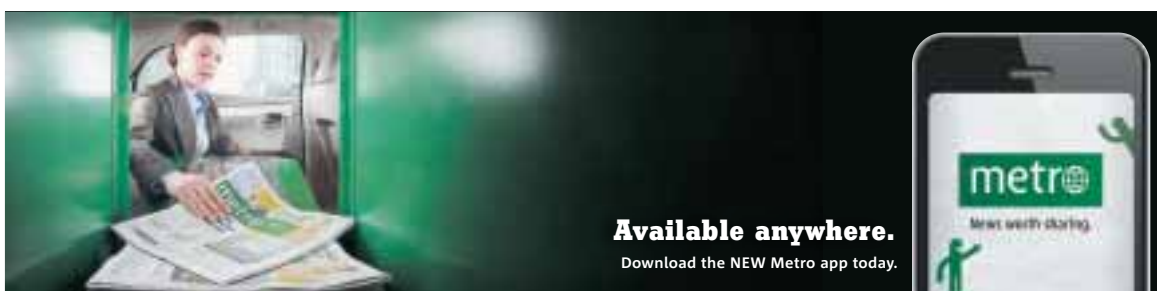
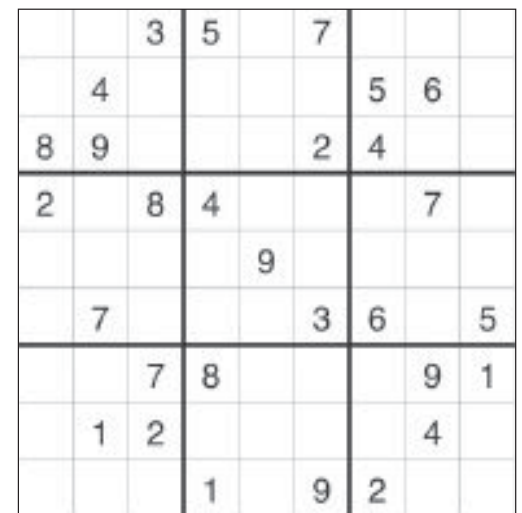


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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